











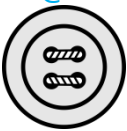










NOVEMBER 2018



GARDENS OF CLANTON ASSISTED LIVING

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
HEALTH TOPIC: 	FOOD: Peanut Butter 	FUN:  Happy Thanksgiving	 Give Thanks!	1 All Saints Day	2 Bowling @ 10am 	3  Family & Friends Day
4 Daylight Savings Time Ends 	5 Diabetes Awareness Week November 5-9 Sugar Free Day "Step on It" @ 10am	6 Election Day Diabetes Session with Alabama Quality @ 10am	7 Merlot Day Tasting @ 12 noon 	8 Spa Day @ 10am	9 Greek Yogurt Day Veterans Day Craft @ 10am	10 Football Saturday 
11 Veterans Day 	12 Chicken Soup for Soul Group Reading @ 10am	13 Peanut Butter Cookies Diabetes Session with Alabama Quality @ 10am	14 Pickle Day  Pickle Craft and Food @ 10am	15 Thanksgiving Family Feast @ 5 PM 	16 Button Day Button Craft @ 10:30am 	17 Family & Friends Day 
18 Apple Cider Day 	19 Play Monopoly Day Game Day @ 10:30	20 Diabetes Session with Alabama Quality @ 10am	21 Family Health Day Heritage Craft @ 10:30am	22 HAPPY THANKSGIVING 	23 Spirit Day Alabama vs. Auburn....All day!	24 
25 	26 National Cake Day 	27 Giving Tuesday Diabetes Session with Alabama Quality @ 10am	28 French Toast Day 	29 Square Dance Day Square Dance Party @ 10am 	30 Mason Jar Day Mason Jar Craft @ 10am 